

FairField Nursery - Seasonal Sample Menu: ALL our meals are made freshly onsite!

<u>WEEK 4</u>			LUNCH	LUNCH DESSERT		AFTERNOON TEA	TEA DESSERT
MON	<u>Cereals Fruit & Toast</u>	<u>AM Snack</u>	Fish Fingers, Potato Mash & Dips - Served with: Peas & Carrots	Fruit & Yoghurt	<u>PM Snack</u>	Wholemeal Wraps/Pittas with a choice of fillings: - Cheese - Ham Served with Salad & Dips	Cake & Ice-cream
TUES			Homemade Beef Chilli & Rice Served with: Sweetcorn	Jelly & Ice Cream		Potato Waffles with Tomato Beans/Hoops	Yoghurt & Fresh Fruit
WEDS			Roast Chicken Dinner - Served with: Fresh Buttered Cabbage & Carrots	Fresh Fruit Selection		Breaded Fish Cakes & Mushy Peas	Peaches & Jelly
THURS			Pork Sausage Casserole & Potato Mash - Served with: Fresh Broccoli	Fruit & Yoghurt		Cream Cheese & Cucumber Sandwiches on Wholemeal & White Bread	Apple Crumble
FRI			Mediterranean Veggie Pasta - Served with: Garlic Bread	Banana's & Custard		Jacket Potato & Beans with a sprinkle of Cheese	Yoghurt & Fresh Fruit
	Milk/Water		Water		M/W	Water	
*Fruit and water is available for all children throughout the day within all rooms - We encourage independant serving within our Toddlers & Pre-School!							